<u>Research paper</u> Block Copolymer Crosslinked Nanoassemblies Co-entrapping Acridine Yellow and Doxorubicin for Cancer Theranostics

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ABSTRACT

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Aims: To develop block copolymer crosslinked nanoassemblies (CNAs) that co-entrap an imaging dye (Acridine Yellow: AY) and therapeutic agent (doxorubicin: DOX) as novel nanoparticle drug carriers for a combined application of drug delivery-based therapy and diagnostic imaging technologies (theranostics).

Methodology: The AY-crosslinked CNAs (CNAs) were synthesized from biocompatible poly(ethylene glycol)-poly(aspartate) block copolymers by using AY as a crosslinker while DOX was physically entrapped in the particle through an ionic interaction. AY-CNAs and AY-CNAs with DOX were characterized to determine their particle properties (molecular weight, size, and optical properties), intracellular uptake and cytotoxicity in an in vitro cell culture system using human colon HT29 and lung A549 cancer cell lines, and tissue accumulation and tumor-preferential drug delivery efficiency ex vivo with a xenograft mouse tumor model. **Results:** AY-CNAs appeared to maintain nanoscale particle sizes (< 20 nm), fluorescence optical properties, and negative surface charge before and after drug entrapment. AY-CNAs with DOX were confirmed to kill cancer cells as effectively as free drug formulations, and to enhance intracellular uptake in vitro and tumor accumulation ex vivo.

Conclusion: These results demonstrate that block copolymer nanoassemblies crosslinked with an imaging dye are promising platforms for the development of theranostic nanoparticle drug carriers.

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18 Keywords: Nanoparticles, nanoassemblies, drug carriers, drug delivery, imaging, 19 theranostics

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21 **1. INTRODUCTION**

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23 Nanoparticles have drawn attention as promising tools that can combine therapeutic and 24 diagnostic modalities, which may allow doctors to monitor a progress of treatment and 25 determine an optimal dose and timely intervention [1, 2]. Such a combination of therapy and 26 diagnosis of disease, often known as theranostics, is particularly beneficial for treating 27 cancer patients who respond to chemotherapy differently [3, 4]. An optimal dose of an 28 anticancer drug is typically determined by balancing chemotherapeutic efficacy and toxicity based on pharmacokinetic profiles of the drug [5, 6]. Nanoparticle drug carriers for 29 30 theranostics are expected to expedite this dosing regimen determination process and 31 provide novel cancer chemotherapy with enhanced efficacy and reduced toxicity [7, 8].

32 In recent years, various types of nanoparticles have been developed for cancer theranostics 33 by conjugating imaging agents on the surface and entrapping therapeutic agents in the core 34 [9, 10]. This approach is widely used for labeling proteins, RNAs, and DNA in biology, but 35 often dramatically changes the particle properties of nanoparticles such as particle size, 36 shape, surface charge, and interactions with live cells [11, 12]. One of the methods to avoid 37 these undesirable particle property changes is to entrap imaging dyes in the core of 38 nanoparticles [13]. However, entrapping imaging dyes into nanoparticles may lead to other 39 issues such as fluorescence quenching, dye spectrum shifting, or reduced drug loading [14, 40 15]. Therefore, developing a novel method that can entrap imaging agents in the 41 nanoparticle core without altering particle properties is critically important for successful 42 theranostics.

43 In addition to an imaging dye, a therapeutic agent is another payload to which careful 44 consideration needs to be paid for the development of theranostic nanoparticles [16, 17]. 45 Drug molecules are generally entrapped in nanoparticles through either physical entrapment 46 or chemical conjugation [18]. Although chemical drug conjugation via a degradable linker is 47 advantageous to avoid uncontrolled release of drug from nanoparticle drug carriers, it 48 frequently requires complicated chemistry for the synthesis of prodrugs and linkers [19-21]. 49 The chemical drug conjugation approach also requires validation if nanoparticles release the 50 drug in its active form without forming byproduct during a linker degradation process. In this 51 regard, physical drug entrapment is a more viable option to develop theranostic 52 nanoparticles for combination delivery of imaging and therapeutic agents. Hydrophobic and 53 ionic interactions are often used alone or in combination to entrap anticancer drugs inside 54 nanoparticles. One of the model anticancer drugs used widely in drug delivery study is 55 doxorubicin (DOX), an anthracycline agent that is effective to kill various types of cancer 56 cells in the clinic [22]. The anthracycline portion of DOX is responsible for DNA intercalation 57 and hydrophobic interaction with other molecules in the body while the amino group of DOX 58 on the 4' position of the sugar can be used for ionic binding. DOX also has autofluorescence 59 that can be easily monitored by UV-VIS and fluorescence spectrometry.

60 We have been developing biocompatible block copolymer crosslinked nanoassemblies 61 (CNAs) for drug delivery and imaging [23, 24]. In this study, we used CNAs as molecular 62 platforms to develop novel theranostic carriers for combination delivery of an imaging dye 63 (Acridine Yellow: AY) and anticancer drug (DOX). As illustrated in Figure 1, AY was used as 64 a crosslinker while DOX was entrapped in CNAs through an ionic interaction. The AY-65 crosslinked CNAs (AY-CNAs) were prepared from poly(ethylene glycol)-poly(aspartate) 66 block copolymers that provide carboxyl groups for crosslinking and drug binding in the core 67 enveloped by a hydrophilic shell. With this development approach, nanoparticles that co-68 entrap imaging and therapeutic agents can be prepared without any complicated chemical 69 modification. The objective of this study is to characterize optical properties, intracellular 70 uptake profile, and tissue accumulation patterns of AY-CNAs in vitro and ex vivo. These 71 results are expected to provide valuable insights into the development of theranostic 72 nanoparticles for cancer treatment by combining bioimaging and drug delivery technologies.

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74 2. MATERIAL AND METHODS

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76 2.1 Materials

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78NOF corporation (Japan) provided α-methoxy-ω-amino poly(ethylene glycol) (PEG) (MW =795,000). Doxorubicin hydrochloride (DOX-HCI), anhydrous triphosgene, L-aspartic acid β-80benzyl ester, N,N'-Diisopropylcarbodiimide (DIC), N-Hydroxysuccinimide (NHS), 4-81Dimethylaminopyridine (DMAP), ethyl ether, dimethyl sulfoxide (DMSO), and other solvents82were purchased from Sigma-Aldrich (USA). Acridine yellow (AY), cellulose dialysis bags with

6-8 kDa molecular weight cut off (MWCO), Slide-A-Lyzer dialysis cassettes with 10 kDa
MWCO, sterile filters (0.22 μm), and matrigel were purchased from Fisher Scientific (USA).
Human colon (HT29) and lung (A549) cancer cell lines, and cell culture media (McCoy's 5A
and F-12K) were purchased from ATCC (USA). Millicell EZ slide with 8 chambers were
obtained from EMD Millipore (USA).



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2.2 Synthesis of AY-CNAs

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93 Figure 1 shows the synthesis protocol of AY-CNAs entrapping DOX. PEG-ASP was synthesized as described elsewhere [18, 25, 26]. L-aspartic acid β-benzyl ester was reacted 94 95 with triphosgene to obtain β -benzyl aspartate N-carboxyanhydride (BLA-NCA) monomers. 96 BLA-NCA was polymerized by using PEG as a macroinitiator for 2 days in DMSO (50 97 mg/mL, 40°C, nitrogen atmosphere). The polymerization produced PEG-poly(β-benzyl L-98 aspartate) (PEG-BLA), comprising 5 kDa PEG and 20 repeating units of ASP groups. The 99 benzyl ester protecting groups were removed in a 0.1 N NaOH solution to obtain PEG-ASP. Excess NaOH was removed from the polymer solution by dialysis, followed by freeze drying 100 of PEG-ASP. The purified PEG-ASP was reacted with AY by adjusting the molar ratio 101 102 between the aspartate groups of PEG-ASP and amino groups of AY (2:1) for a 50% 103 crosslinking yield. PEG-ASP and AY were dissolved in DMSO in the presence of DIC, NHS, 104 and DMAP for three days at room temperature with gentle stirring. The product, AY-CNAs, 105 was precipitated in ethyl ether, dialyzed against deionized water, and collected by freeze drying. AY-CNAs were further purified by gel separation using a Sephadex G25 column. and 106 107 unreacted AY was removed completely from AY-CNAs. A single band on the column 108 containing AY-CNAs was collected, dialyzed against deionized water, and freeze dried. DOX 109 was entrapped in AY-CNAs in deionized water through the ionic interaction between the 110 amino group of DOX and carboxyl groups of AY-CNAs, following the method previously 111 reported. Empty AY-CNAs and AY-CNAs with DOX were stored at -20°C for future use.

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2.3 Characterization of AY-CNAs

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The molecular weight and its distribution of AY-CNAs were analyzed by gel permeation chromatography (GPC), using Shimadzu LC20 system equipped with a GPC analysis module. The particle size and surface charge of AY-CNAs and AY-CNAs with DOX were determined by a Zetasizer Nano ZS (Malvern, UK), an instrument capable of measuring dynamic light scattering (DLS) and zeta potential of nanoparticles in aqueous solutions. The amount of DOX entrapped in AY-CNAs was quantified by fluorescence spectrometry while empty AY-CNAs were used as blanks.

122 **2.4 Cellular uptake observations**

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Time-dependent changes in cellular untake of A

124 Time-dependent changes in cellular uptake of AY-CNAs were monitored in a human colon 125 HT29 cancer cell line in vitro by using a fluorescence microscope (EVOS, Advanced 126 Microscopy Group, USA). Cells were cultured in McCoy's 5A media containing 10% FBS at 127 37°C in a humidified atmosphere with 5% CO₂. For cellular uptake study, cells were seeded 128 in 8 chamber slides (1 × 10⁴ cells/chamber) and allowed to attach on the bottom of the slides 129 overnight. The cells were then treated with 100 µg/mL AY-CNAs for 24 h. The sample-130 containing media were removed at 5 min, 0.5 h, 3 h, and 24 h, and the cells were washed 131 with PBS three times. Cell nuclei were stained with a Hoechst dye prior to fluorescence 132 microscopy. Cell images were taken through separate light channels for a bright field, 133 Hoechst, and AY, and processed using software ImageJ (National Institutes of Health, USA). 134 In separate experiments, cells treated with AY-CNAs in each chamber were dissolved in 135 80% DMSO, and the fluorescence intensity of AY-CNAs in the cell lysates were quantified by 136 fluorescence spectrometry. The intracellular concentrations of AY-CNAs were normalized 137 with respect to the initial concentration of AY-CNAs (100 µg/mL) in each well. Data were 138 obtained from triplicate experiments. 139

140 **2.5 Drug release evaluation**

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Release of DOX from AY-CNAs was tested by the dialysis method under a sink condition at pH 7.4, 37°C. Ten milligrams of AY-CNAs with DOX were dissolved in 3 mL PBS, and the solution was put in dialysis cassettes (MWCO 10 kDa). The dialysis cassettes (n = 3) were stored in a preheated stainless steel bin containing 5 L PBS. The samples were dialyzed for 48 h, and 50 μ L of the solution in each dialysis cassette was collected at 0.5, 1, 3, 6, 24, and 48 h. DOX released was quantified by fluorescence spectrometry as described above.

149 **2.6 In vitro cytotoxicity assay**

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Cytotoxicity of AY-CNAs with DOX was evaluated in an in vitro cell culture system by using 151 152 HT29 and A549 cell lines. HT29 and A549 cells were cultured in McCoy's 5A and F12K media, respectively, containing 10% FBS at 37°C in a humidified atmosphere with 5% CO₂. 153 154 Cells were seeded in a 96 well plate (5×10^3 cells/well). After 24 h, the cells were treated 155 with free DOX or AY-CNAs with DOX at various concentrations (normalized with respect to 156 DOX). Empty AY-CNAs were used as controls. Cell viability was determined at 72 h post 157 treatment by using a resazurin assay, which measures metabolic activity of mitochondria in 158 live cells. The half maximal inhibitory concentration (IC50) of each sample was determined 159 from the dose response curves by using GraphPad Prism software. The one-way analysis of variance (ANOVA) was used to determine statistical differences between means (p < 0.05). 160 161

162 2.7 Ex vivo imaging

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164 Six-week old female SCID mice were obtained from Taconic (USA), and acclimated for a 165 week on a regular diet. A xenograft mouse tumor model was prepared by injecting HT29 166 cells (3 \times 10⁶ cells) subcutaneously in the right flank of an animal. When the tumor volume 167 surpassed 100 mm³, AY-CNAs and AY-CNAs with DOX were injected into the tumor-bearing 168 mice at 100 mg/kg through the tail vein. Animals were euthanized at 0.5, 2, 6, and 24 h post 169 injections. Tumors and other major organs (lung, heart, liver, spleen, kidney, small intestine, 170 and brain) were collected at each time point. An in vivo imaging system (IVIS) was used to 171 take ex vivo images of the harvested tissues with excitation at 465 nm and emission at 540 172 nm, based on the fluorescence spectra of free AY and DOX. The imaging condition was 173 fixed to compare fluorescence intensities from the organ and tumor tissues.

175 3. RESULTS

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177 3.1 Synthesis of AY-CNAs

179 Gel permeation chromatography (GPC) analysis in Figure 2 shows the successful synthesis 180 of AY-CNAs. The molecular weight of PEG-ASP (7,300 kDa) increased as the crosslinking 181 reaction proceeded as shown in the black line. Raw AY-CNAs included small molecule impurities that appeared after the PEG-ASP peak at around 27 minutes. After purification, 182 183 AY-CNAs showed a single peak with a narrow molecular weight distribution (262,500 kDa, 184 PDI = 1.18), which was within the size exclusion limit of our GPC (970 - 478,000 kDa). The 185 molecular weight of AY-CNAs indicates that a single CNA particle consists of 31 - 36 PEG-186 ASP chains depending on the crosslinking yield. Our attempt to determine the exact 187 crosslinking yield was unsuccessful due to peak overlapping on proton nuclear magnetic 188 resonance, and fluorescence spectrometry was used to quantify AY-CNAs by measuring AY. As shown in Figure 3, maximum emission wavelengths for AY and DOX were 189 190 distinguishable by adjusting the excitation wavelength up to 500 nm. These optical 191 properties of AY and DOX were initially thought to be useful quantifying a combine signal of 192 AY and DOX. However, to avoid an overlapping signal between AY and DOX, we decided to 193 used AY-CNAs and AY-CNAs with DOX for following experiments. Table 1 summarizes 194 characterization data. The particle size of AY-CNAs was 15.7 ± 5.3 nm, and the 195 polydispersity index (PDI) was 0.384. The zeta potential of AY-CNAs was -14.7 ± 9.8 mV. 196 indicating that the particle may be too small for the PEG shell to completely shield the charge of the negatively charged core. The particle size of AY-CNAs was similar after 197 198 entrapping DOX while the PDI went up to 0.418. The amount of DOX loaded in AY-CNAs 199 was 4.65% by weight, which was significantly lower than other previous CNAs. The surface 200 charge of AY-CNAs remained negatively charged (-10.2 ± 6.2 mV) after entrapping DOX.









	Particle size (nm)	PDI	Zeta potential (mV)	DOX loading (weight %)
AY-CNAs	15.69 ± 5.33	0.384	- 14.70 ± 9.78	N.A.
AY-CNAs with DOX	18.17 ± 5.98	0.418	- 10.20 ± 6.24	4.65

206 **Table 1. Characterization data summary** 207

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209 3.2 Intracellular uptake profile

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211 Figure 4 shows time-dependent changes in intracellular uptake of AY-CNAs in HT29 cells. 212 Non-specific binding to the cellular membrane was not observed between AY-CNAs and 213 HT29 cells in 5 minutes. However, AY-CNAs entered and spread in the cytoplasm in 30 minutes. Interestingly, some AY-CNAs were confirmed to migrate into the cell nuclei as 214 215 indicated in the merged image in green. No further change was observed after 24 h following 216 a gradual increase in fluorescence intensity of AY-CNAs between 3 and 24 h. The 217 intracellular concentration of AY-CNAs was also quantified from cell lysates in separate experiments. As shown in Figure 5, intracellular uptake of AY-CNAs followed biphasic 218 219 kinetics, which involves a fast uptake in the early stage (up to 6 h) and a slow internalization 220 into the cell in the late stage. The intracellular concentration of AY-CNAs did not equilibrate 221 to the particle concentration in the media (100 µg/mL) under our experimental conditions. 222



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Fig. 4. Intracellular uptake of AY-CNAs. Bright field (40X magnification), Hoechststained nucleus (blue), AY (yellow), and merged images of HT29 cells (bar = 50 µm).





Fig. 5. A time-dependent change in concentration of AY-CNAs in HT29 cells.

229 3.3 Drug release patterns

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231 Release of DOX was monitored for 48 h in the physiological condition (37°C and pH 7.4) as 232 shown in Figure 6. AY-CNAs released more than 50% of DOX in 1 h, yet they slowed drug 233 release for the next 48 h. Approximately 20% of total DOX entrapped in AY-CNAs was 234 released between 3-48 h, although the drug release half-life was 1.34 h by curve fitting. 235 Based on both intracellular uptake and drug release patterns, these results suggest that the 236 amount of DOX that AY-CNAs can transport inside the HT29 cells would be approximately 237 12 - 17 % (= DOX remaining × intracellular uptake yield) over the 48 h period. The effect of 238 such a fast drug release and relatively low intracellular drug transport on anticancer efficacy 239 was investigated subsequently in the cytotoxicity assays.







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3.4 In vitro cytotoxicity of AY-CNAs with DOX

246 Cytotoxicity of AY-CNAs with DOX was evaluated in exponentially growing HT29 cells in 247 vitro. A549 was used as an additional cancer cell line for the assay. As shown in Figure 7, 248 sigmoidal dose-response curves were obtained from both cancer cell lines, following the treatment of the cells with AY-CNAs entrapping DOX. Table 2 summarizes the IC50 values 249 250 of AY-CNAs, which range between 3.03 - 4.80 µM. Although relative IC50 values suggested 251 that AY-CNAs with DOX would be less potent than free DOX, statistical analysis of the data 252 revealed that both cell lines were equally sensitive to free DOX (p = 0.240) and AY-CNAs 253 with DOX (p = 0.051). Considering the slow drug release from AY-CNAs after 3 h post 254 incubation, it is noticeable that free DOX and AY-CNAs with DOX showed no significant 255 difference in killing HT29 (p = 0.224) and A549 (p = 0.654) cancer cells. 256



257 Log [Concentration (μΜ)]
 258 Fig. 7. Cytotoxicity of AY-CNAs against HT29 and A549 cells (triplicate assays, n = 8)

259	Table 2.	In vitro cytotoxicity assays (triplicate assays, n = 8)
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	IC50 (µM)		Relative IC50		
	HT29	A549	HT29	A549	
DOX	2.44 ± 0.65	3.08 ± 0.47	1	1	
AY-CNAs with DOX	3.03 ± 0.27	4.80 ± 1.09	1.56	1.24	

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262 **3.5 Tissue distribution of AY-CNAs with DOX**

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264 Tissue accumulation patterns of AY-CNAs were investigated time-dependently as shown in 265 Figure 8. The images were taken under the condition where AY and DOX showed equal 266 fluorescence emission intensity at 540 nm with excitation at 465 nm as determined in Figure 267 3. In this way, signals from AY and DOX were obtained collectively. AY-CNAs appeared to 268 accumulate in the kidneys, intestine, and tumors, while avoiding the uptake in the liver and 269 spleen. The liver and spleen are two major organs of the mononuclear phagocyte system 270 (MPS), which are responsible for removing foreign materials from the body. These results suggest that negatively charged AY-CNAs could be effective to suppress protein adsorption 271 and cellular interactions in the body, yet they accumulated in the kidneys due to the relatively 272 273 small particle size (< 20 nm). AY-CNAs with DOX also suppressed the hepatic and splenic uptake while accumulating in tumors. The images demonstrate that AY-CNAs with DOX 274 275 increased signals in tumors in comparison to empty AY-CNAs presumably due to enhanced 276 DOX accumulation in the tumors.



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Fig. 8. Ex vivo imaging of tumors and major organs from mice received intravenously AY-CNAs and AY-CNAs with DOX.

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281 4. DISCUSSION

282 283 AY-CNAs were synthesized by using AY as a crosslinker for conjugating PEG-ASP block 284 copolymers. AY is also a fluorescent dye useful for in vitro and ex vivo imaging [27]. Nanoparticles for imaging are typically modified with fluorescent dyes on the surface. This 285 286 modification method often alters particle properties of the nanoparticles, such as particle 287 size, surface charge, biocompatibility, and pharmacokinetic profiles [28]. In comparison to 288 this method, our approach to use a fluorescent dye as a crosslinker does not require 289 additional chemical modification of a nanoparticle, and thus maintaining particle properties 290 for optimal in vivo performance (prolonged blood circulation and minimum off-target 291 accumulation).

292 AY-CNAs were uniform in terms of molecular weight distribution as shown in Table 1 293 and Figure 2. However, the particle size was relatively small (< 20 nm) as opposed to the 294 CNAs we reported previously or other types of nanoparticles (50 - 100 nm in diameter). The 295 small particle size suggested that the core of AY-CNAs could be tightly packed. 296 Nanoparticles with a tightly packed core often induced a fluorescence guenching 297 phenomenon, but AY-CNAs retained optical properties of AY and DOX as shown in Figures 298 3 and 4. Small particle size indeed compromised drug loading efficiency for the particles, 299 and AY-CNAs showed less than 5 wt% of drug loading. Nevertheless, AY-CNAs with a small 300 particle size seemed to enhance intracellular uptake of cancer cells. The particles 301 successfully entered HT29 cancer cells as early as 30 minutes, and continue to accumulate 302 in the cytoplasm and ultimately in the cell nucleus in 24 h (Figures 4 and 5). Such an efficient 303 cell internalization pattern suggests that AY-CNAs would be a promising drug carrier for 304 intracellular drug delivery. The mechanism by which AY-CNAs enter the cell certainly 305 requires further study [29, 30].

306 Despite the promising properties (uniform particles with a small size and enhanced 307 cell internalization capability), AY-CNAs released drug unexpectedly fast (Figure 6), 308 demonstrating burst DOX release in 3 h and sustained release for the next 48 h. It is 309 uncertain if such a biphasic drug release pattern would provide any benefit in terms of 310 enhancing antitumor activity. Interestingly, fast release (or sustained release) did not affect 311 cytotoxicity of AY-CNAs with DOX in an in vitro cell culture system. Both HT29 and A549 312 cells were sensitive to AY-CNAs with DOX, which were as effective as free DOX in terms of 313 IC50 values (Figure 7). Ex vivo imaging suggest that sustained drug release from AY-CNAs 314 in the late stage would still allow the particles to deliver drug to tumors and enhance drug 315 concentrations in the tumor tissues preferentially, suppressing off-target drug distribution 316 (Figure 8). It must be noted that AY-CNAs with a small particle size were confirmed to 317 accumulate mainly in kidneys and intestine other than tumors. Pathological similarities 318 among kidneys, intestine, and tumors have not been studied sufficiently yet, and the reason 319 behind our findings remains uncertain. However, it is encouraging that AY-CNAs can be 320 present in these tissues after 24 h, which might lead to the development of drug delivery 321 systems for novel therapeutic or diagnostic applications.

323 5. CONCLUSION

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325 In this study, AY-CNAs, block copolymer nanoassemblies crosslinked by a fluorescent dye, 326 were synthesized for potential combination delivery of imaging and therapeutic agents to 327 tumors. AY-CNAs were uniform in size and molecular weight distribution while maintaining 328 negative surface charge before and after entrapping DOX, a model anticancer drug. Optical 329 properties of AY and DOX were comparable yet different enough to distinguish, enabling 330 both additive and differential quantifications of fluorescence emission signals at the same 331 excitation wavelength. AY-CNAs entered cancer cells in 30 minutes post-incubation, and 332 ultimately accumulated in cell nuclei in 24 h, presumably due to their small particle size (< 20 333 nm). AY-CNAs entrapping DOX released approximately 60% of the total drug entrapped in 3 334 h, and showed a sustained release of the remaining drug over the 48 period. Despite the 335 biphasic drug release pattern, AY-CNAs with DOX showed cytotoxicity as effective as free 336 DOX against human colon HT29 and lung A549 cancer cells in vitro. Ex vivo imaging results 337 confirmed that AY-CNAs and AY-CNAs with DOX accumulate mainly in tumors and kidneys 338 while suppressing hepatic and splenic uptake. Taken together, AY-CNAs are expected to be 339 used as dual functional nanoscale carriers for bioimaging and drug delivery applications.

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